

Channelling Hours

| | Ninewells | Joseph Fraser | Kids & Teens | Ninewells Wellness |
|-----------|---------------|-------------------------------|---------------|--------------------|
| Monday | 9:30 - 11:00 | | | |
| Tuesday | | 9:30 - 11:00 16:30 - 18:00 | | |
| Wednesday | 9:30 - 11:00 | | 16:00 - 17:00 | 17:00 - 18:00 |
| Thursday | | 9:30 - 11:00 16:30 - 18:00 | | |
| Friday | 9:30 - 11:00 | | | |
| Saturday | | | 16:00 - 17:00 | 17:00 - 18:00 |
| Sunday | 10:00 - 13:00 | | | |